



## Caregiver Saathi: Companions for Caregivers

### About Caregiver Saathi: Companions for Caregivers

Caregiver Saathi is an endeavour to acknowledge and support Caregivers of patients with terminal illness or chronic conditions, so that together we can improve the quality of their lives, their well-being and those that they care for.

Saathi is Hindi for “companion” and we believe caregivers of terminally ill patients need a friend who understands, supports and is there for them as they walk along the difficult path of supporting their loved ones.

There are many ways in which a caregiver is challenged and often the caregiver also needs care, emotional support, understanding, easy access to information, guidance from experts and wisdom from others who have similar experiences. It is our endeavour to bring it all together and make it easy access for the caregiver.

We want to create an eco-system of well-being for those family members who are primary caregivers to their dear ones battling chronic medical conditions or terminal illness.

We partner with doctors, health practitioners, employers and well-wishers of caregivers to build a supportive community for the caregivers.

We are currently looking at the geography of Mumbai to create an impact before we expand to other cities. Over the next couple of years, we aim to energize ourselves and many more to manifest the following 4 goals:

- Reach out to at least 1000 caregivers and curate meaningful ways of creating wellbeing and healing, for them.
- Create awareness among our society regarding the role, challenge and criticality of the caregiver. To do so we wish to run workshops through health institutions and organizations.
- Create a community of caregivers and support, understand and enable each other.
- Create a digital platform that enables the community and brings together the ecosystem that a caregiver needs.

For further details visit our website [www.caregiversaathi.co.in](http://www.caregiversaathi.co.in)

Facebook <https://www.facebook.com/caregiversaathi/>

Twitter @CaregiverSaathi

## **The Internship Brief**

The Caregiver Saathi Intern will contribute to and gain an experience in multiple facets of social enterprise. The focus of the internship will be primarily on the following areas

### Outreach program

- Co-ordinate organizing workshops to market various programs developed
- Prepare presentations to professionals to make them aware of these programs
- Preparing detailed report of activities conducted on weekly and monthly basis
- Evaluation and analysis of various reports been generated to improvise strategies
- Co-ordinate conducting workshops for the groups involved

A well suited intern would have a keen interest in Social Work, Psychology, Public Health or related fields and a desire to explore and contribute to the field. Given our context, an effective intern would prefer working in an unstructured environment, replete with ambiguity and yet make sense of it to bring in tangible value. The intern would thrive if they are an explorer and can straddle the spectrum of research, conceptualization and practical proposition and ideas. The will to leave no stone unturned and be able to reach out resourcefully will help them achieve the objectives of the internship.

Please send applications to [nandita.gadgil@caregiversaathi.co.in](mailto:nandita.gadgil@caregiversaathi.co.in)

**Tip: To attract our attention to your application a small note stating your views about Caregiver Saathi and reason to be associated with us would be helpful.**